



**P.O. Box 8383  
Rockford, IL 61126**

**Rock Run Soccer Club  
Player Commitment and Code of Conduct  
2010 - 2011**

*The Rock Run Soccer Club exists to help you improve your skills as a soccer player, to increase your level of sportsmanship and to help you experience the value of teamwork. By following this Player Commitment and Code of Conduct, you will contribute to reaching these goals.*

**Commitment**

1. I will try hard and give 100% at practices and at games.
2. I will be positive, and support and encourage my team.
3. I will do my best to listen and learn from my coaches.
4. I understand that coaches will assign me to play a position that will best match my abilities and the needs of the team. I will support that assignment and will do my best. I may be given the opportunity to play other positions during the season as opportunities present themselves.
5. I will participate in regularly scheduled practices, tournaments, and league games, unless there is an emergency, illness, or other unavoidable conflict.
6. If I am unable to participate in a regularly scheduled practice, tournament, or league game, I will notify my coach in advance as soon as possible.
7. I understand that my teammates will rely on the commitments I make. I promise to live up to these commitments when I join my team.

**Conduct**

1. I will play fair and obey the rules of the game.
2. I will not argue with or question the calls of the officials.
3. I will always show good sportsmanship.
4. I will use proper language at all times. I will not swear, curse, or use any inappropriate language.
5. I will never strike, shove, threaten to strike, or lay a hand on an official, player, coach or spectator.

## Consequences

*If players do not live up to their commitment to the team, or if they violate the Code of Conduct, the following consequences may result.*

- 1. Verbal warning.** This warning could come from the official, Head Coach, or team coach.
- 2. Removal from game.** A player may be required to leave the field area during the game by an official or team coach.
- 3. Suspension from future games.** If a player consistently engages in inappropriate conduct, or engages in a single case of severe conduct as determined by the Board of Directors, he or she may be suspended from a number of games by the Rock Run Board of Directors.
- 5. Player suspension for season.** In rare cases, players may be suspended for the remainder of a season by the Rock Run Soccer Club Board of Directors.

Player suspension decisions will be made by the Rock Run Soccer Club Board of Directors at a board meeting to be attended by all parties involved. All decisions of the Board of Directors interpreting this Player Commitment and Code of Conduct are final.

Player Name: \_\_\_\_\_ Team: U-\_\_\_\_\_ Girls Boys  
(circle one)

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I/We understand the commitments being made by, and the conduct expected of my son/daughter. I will support his/her efforts to fulfill those expectations and abide by the Code of Conduct.

Father's Name: \_\_\_\_\_

Father's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Mother's Signature: \_\_\_\_\_ Date: \_\_\_\_\_